

DEBORAH JOHANSEN

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SUMMARY

I have over 30 years of combined experience in the Behavioral Health field providing exemplary Clinical Supervision, utilizing a broad range of Client-Driven Evidence-Based Counseling Practices, Crisis Management, and other services to Individuals, Couples, and Families, while managing the day-to-day clinical and administrative duties as a Multi-Culturally open, Ethically Sound and Self-Aware therapist who is a Team-Player.

SKILLS

- Excellent working knowledge of Diagnostic and Statistical Manual of Mental Disorders, Fifth Edition (DSM-5).
- Strong computer skills, Microsoft Office Suite, Nextgen, eOMIS, Claimtrak, CRM, LVM, Avatar

EXPERIENCE

- 05/2017 to Current Adult Program Director & MAT Program Manager
Spectrum Healthcare Group – Cottonwood, AZ
- Oversee day-to-day operations of the GMH/SUDS Department & Programming Supervise Team of 13 Therapists, 1 BHW, 1 OUD Recovery Specialist, & 1 Grad. Student Intern in 4 locations
 - Designed, implemented, and Manage the only Evidence-Based Medication Assisted Treatment Program-MAT (Suboxone/Subutex/Vivatro) in the Verde Valley
 - Prepare various monthly Reports, Hold weekly Team Meetings Provide Ongoing Training, Coordinate Staffing and Group Schedules Manage Crisis Situations, Coordinate Care with Other Professionals, Assign Cases to GMH/SUDS Staff, Respond to Client Complaints Complete Intake Assessments and Treatment Plans as needed Facilitate Groups, Provide Individual Counseling Audit Staff Documentation and complete daily input to Electronic Medical Record.
- 10/2015 to 03/2017 Crisis Professional
Envolve PeopleCare – Tempe, AZ
- Providing short term solutions for immediate crisis's" for individuals residing in Southern Arizona who are: overwhelmed, considering suicide as their only option, having relationship issues or loss of a loved one, psychotic, paranoid, manic, presenting with behavior problems, compulsively re-engaging in addictive behaviors, out of medications, needing detox, requesting inpatient hospitalization, collaborating with outpatient services to produce positive outcomes, not feeling safe from themselves, lonely, bored, homeless requiring resources, wishing to hear a familiar voice on the other end of the phone, projecting their anger onto Crisis Professionals with whom they feel safe, unable to modulate their emotions, in need of intervention by a Crisis Mobile Team, activating their local PD, Sheriff's department, or EMS.

- 04/2014 to 09/2015 Program Director-Behavioral Management Unit (BMU)
Corizon Health – Florence, AZ
- Design, revise, corroborate, and implement specialized service delivery to mentally ill inmates who have a significant history of serious self-harm behaviors, presenting with co-occurring and Axis II diagnoses, as the only such program in the Arizona Department of Corrections (ADOC) for Maximum Security Inmates and only General Population, and Sex Offenders.
 - Facilitate weekly psychotherapeutic groups utilizing Evidence-Based Practices.** Weekly individual therapy sessions with BMU participants reinforcing healthy coping skills and addressing trauma issues.**
 - Respond to unscheduled program participant's, "Emergent needs" and develop immediate intervention strategy with inmate and BMU staff.** Engage in weekly, and on the fly, supervision sessions for 5 Psychology Associates complex-wide, including managing schedules and work assignments, and overseeing emergencies as they arise.**
 - Engage in weekly state-wide tele-conferences with Lead Psychologist and other ADOC Program Leads to staff inmate appropriateness for the BMU and other MH programs.**
 - Work alongside Security staff assigned to the BMU and other security including supervisors, Chaplains, Complex Wardens, Facilities Health Administrator, and Company Upper Mgt. as a team player.
- 04/2014 to 09/2015 Clinical Supervisor
Corizon Health – Florence, AZ
- Conduct weekly scheduled one-on-one and/or group supervisory sessions to individuals working towards independent licensure.** Audit Supervisees mandated documentation and, observation of their clinical practices in action.** Real-Time consultations with Supervisees
 - Compliance with all ethical, legal, and corporate requirements, and appropriate crisis intervention strategies.
 - Assign priority staffing needs at the five facilities on Complex for 5,000 inmates when one or more MH employees do not report to work.** Administer inmate consultation to MH and/or Medical/Nursing or Security/Warden's as requested and respond accordingly.
- 04/2014 to 09/2015 Psychology Associate
Corizon Health – Florence, AZ
- Daily crisis assessment and intervention of complex-wide inmates (Average Population 5,000) for risk of harm to self or others, placing them on "Continuous, 10-Minute, or 30-Minute" suicide watch as appropriate. * Collaboration with Psychiatric Prescribers, and Medical staff to ensure all medication, and physical needs are being met.
 - Initiate release planning, community coordination of care, develop crisis plan/intervention strategy with inmate 3-6 months in advance. * Co-create individualized treatment plan every 3 months with revisions as needed. *

Display flexibility to step in at a moment's notice to cover Mental Health (MH) services on other yards as needed.

- Concurrent documentation of all contact/non-contact inmate information inputted into electronic medical filing system.

10/2006 to 04/2014

Therapist III

Lifewell Behavioral Wellness – Phoenix, AZ

- Behavioral Health Professional)** Completed comprehensive assessments and treatment plans on every intake, and annually with ongoing caseloads of 75-145 clients.** Coordinated care for clients with outside sources to meet basic needs for food, shelter, and transportation.
- Facilitated psycho-therapeutic and psycho-educational individual (daily), couples (as needed), family (monthly), and group counseling sessions (weekly) for persons with co-occurring substance abuse and mental health disorders.** Conducted on-site risk assessments, and engaged local crisis response team when appropriate.** Referred clients for psychiatric evaluations in-house, or to urgent psychiatric facility, medical detoxification, or other inpatient program in the community.** Entered daily electronic documentation of all client contact/non-contact interactions including individual, group, case management, and staffing case notes.** Practiced evidence-based treatments while utilizing both abstinence and harm reduction philosophies with substance abusing and other addicted clients.

01/2005 to 01/2006

Group Facilitator

Sigma Center for Counseling – Jacksonville, FL

- Co-facilitated early recovery and intensive outpatient program groups at an alcohol and drug addictions private substance abuse practice.** Provided weekly 3-hour open-group action methods-based psychotherapy sessions to court-ordered adults with Substance Use Disorders.

01/2003 to 01/2006

CREDO

Spiritual Fitness Center – Mayport, FL

- Co-facilitated 48-72 hour retreats for active duty and their adult dependents, retired, reservists, and DOD personnel from all branches of service.** Co-created Marriage Enrichment Weekend PowerPoint presentations.** Motivated couples to enhance their marriages through communication skills training, action-oriented group activities, and individual sharing.
- Provided a safe and confidential space where military personnel or their family members could deal with unresolved personal issues in a closed-group setting.** Collaborated with other Facilitators/Team Members regarding crisis interventions and referrals as necessary.

EDUCATION AND TRAINING

2008

Masters of Science: Mental Health Counseling

Capella University – Minneapolis, MN

Mental Health Counseling

REFERENCES

*References Available Upon Request

*Authorized to Work in the US for any Employer

ORGANIZATIONS

- American Counseling Association
- Matforce Verde Valley Steering Committee
- Matforce Mortality Review Board
- Yavapai County Prenatal Care Team

RECOGNITION

September 2014*"Thanks for the valuable part you played in making the Association of State Correctional Administration Tour a Great Success." Ron Credio Warden ASPC-Eyman

LICENSES AND CERTIFICATIONS

- AZ-Licensed Professional Counselor (LPC) September 2012 to August 2018
- AZ-Licensed Clinical Supervisor September 2014 to August 2018
- National Certified Counselor (NCC) June 2009 to July 2019
- BLS Provider November 2017 to November 2019
- First Aid January 2018 to January 2020
- CPI (Non-Violent Crisis Intervention) October 2017 to November 2019